A large, stylized black letter 'W' where the two vertical strokes are replaced by human legs, each ending in a simple black shoe. To the right of the 'W', the word 'Wilmington' is written in a smaller, sans-serif font. Below 'Wilmington', the word 'Walks' is written in a larger, bold, sans-serif font. Further down, the words 'Trail', 'Guide', and '2008' are stacked vertically in a large, bold, sans-serif font.

Wilmington  
Walks  
Trail  
Guide  
2008

For more information contact:  
Healthy Wilmington Coalition, <http://healthywilmingtoncoalition.org/>  
Wilmington Walks Initiative <http://wilmingtonwalks.org/>  
Wilmington Board of Health at (978) 658-4298

This booklet is designed with maps and directions for each walk back-to-back so that the page can conveniently be separated and taken with you.

Special thanks to Marty Sabounjian and Troop 56 for reconditioning the Town Park trail and building an information kiosk. Thanks to the Healthy Wilmington Coalition for cleaning up the Rotary Park and Town Hall trails.

Sponsored by the Wilmington Board of Health Healthy Wilmington Coalition Grant. Funded by Lahey Clinic Hospital DON (Determination of Need) and CHNA 15-Northwest Alliance.

Graphic design and layout by Irma Servatius.  
Maps and directions by Brian Roberts.

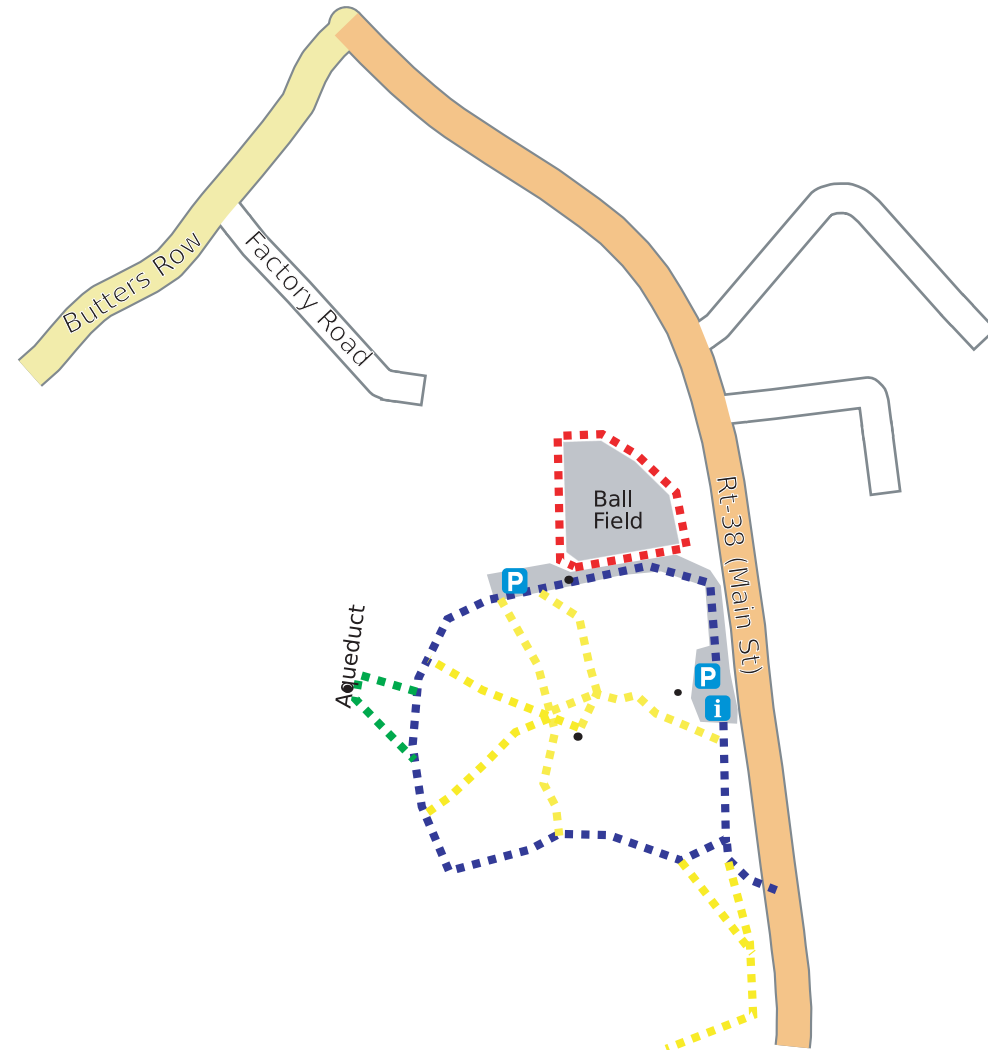
<http://wilmingtonwalks.org/>  
<http://healthywilmingtoncoalition.org/>

### Town Hall

<< see map on previous page

Dirt trails run along Lubbers Brook, which flow freely through this former cranberry bog. A woodchip-covered path rings the 8-acre Robert Palmer Park with side paths connecting neighborhood streets to the ball fields, playground and picnic area. Parking and trail access is from the Town Hall parking lot.

Outer loop length 0.7 miles  
Field loop length 0.5 miles  
Total length of trails 1.2 miles.



### Town Park Walk

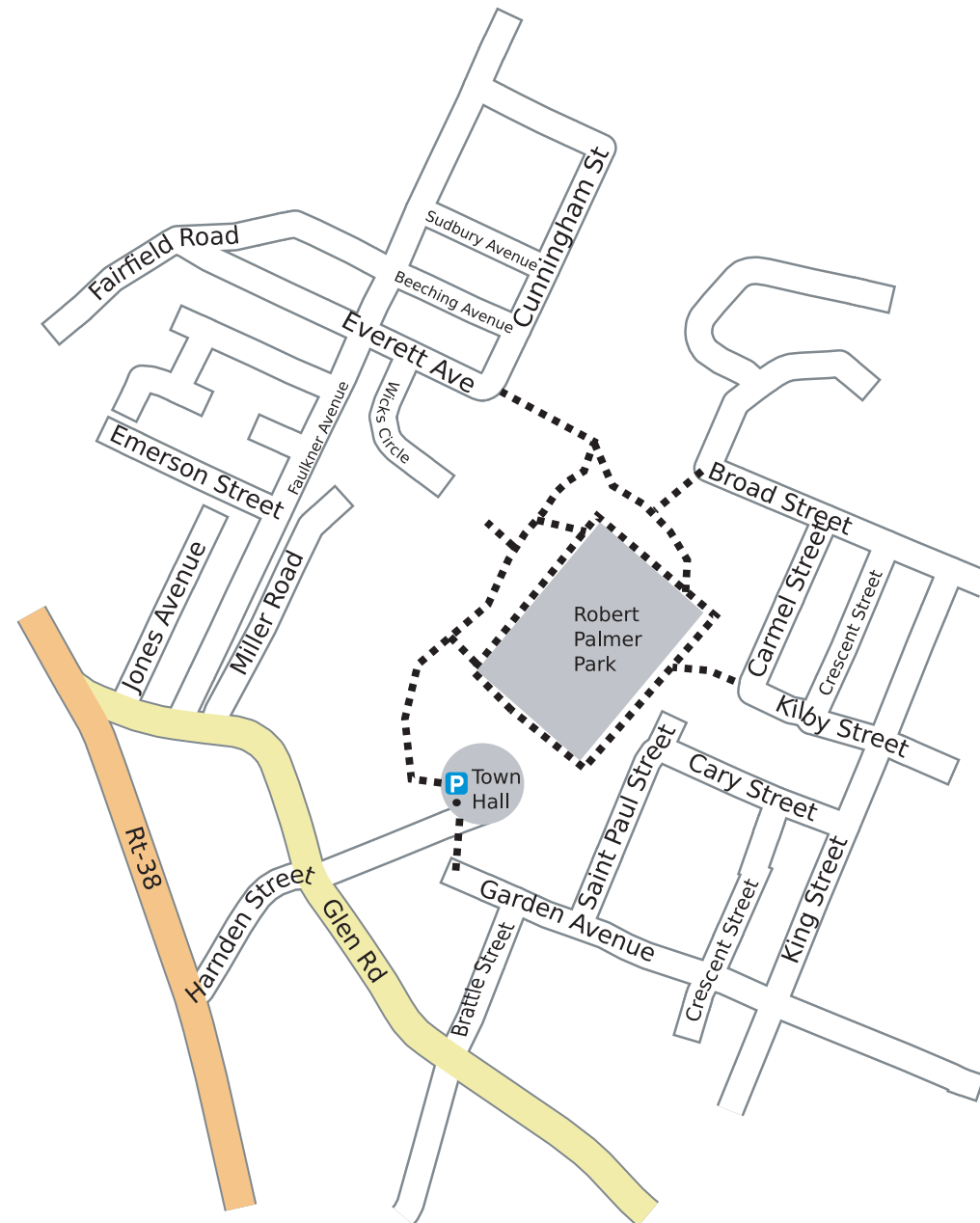
<< see map on previous page

Located off Rt-38 in south Wilmington.

Once Wilmington's 92 acre Poor Farm, the Town Park, officially designated "Veterans' Memorial Park" at the bicentennial in 1930, now affords a wonderful variety of active and passive recreational opportunities, water supply protection, and links to a very well preserved section of the old Middlesex Canal, including the remains of the aqueduct over Maple Meadow Brook. Two parcels of the original farm on the opposite side of Main Street were sold off for commercial development, but much of the remaining 61 acres has been allowed to revert back to woods, predominantly white pine and oak. A lighted baseball field abuts the MBTA's Lowell line commuter railroad and the Town Park well, and kids of all ages enjoy the challenge of sledding down "Suicide Alley" in the winter. A network of trails provides calmer enjoyment for hikers, joggers, and cross-country skiers. The Middlesex Canal runs through a portion of the park that abuts land owned by the Middlesex Canal Association, and the Butters Row and Chestnut Street well fields.

During summer of 2008, Eagle Scout candidate Marty Sabounjian and Troop 56 renovated parts of the trail, and built an information kiosk.

Main loop length 0.5 miles  
Field loop length 0.25 miles  
Total length of trails 1.5 miles



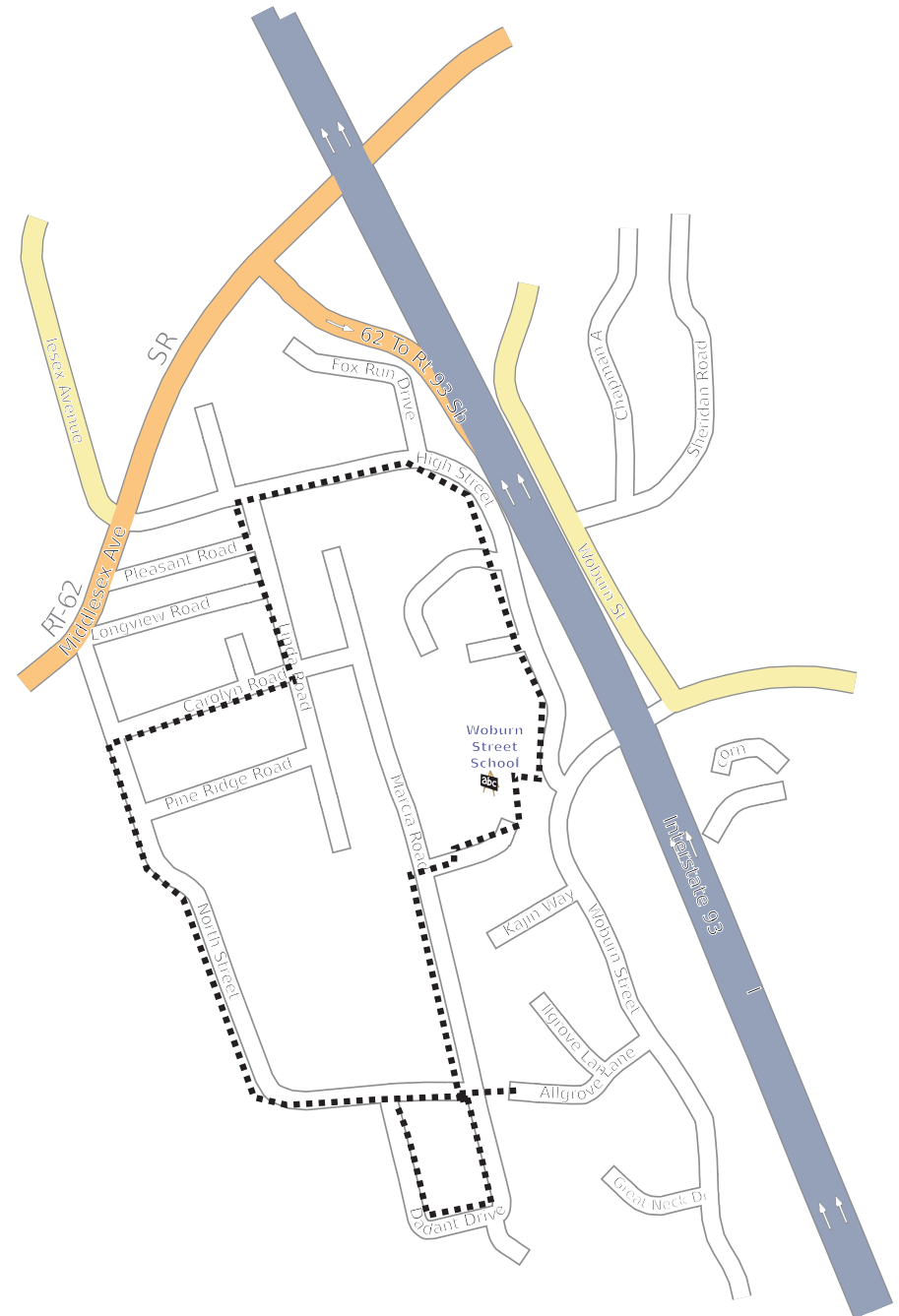


## Jane's Loop

<< see map on previous page

- Start from Town Common going south on Middlesex Ave - 2970 ft
- L on Adelaide St - 400 ft
- R into Rotary Park, walk around Rotary Pond - 1330 ft
- Turn R onto Adelaide St - 10 ft
- Turn L onto Church St - 2800 ft

Total length 1.5 miles



### Terri's Loop

<< see map on previous page

Start from Woburn Street School parking lot.

L on High St 2800 ft

L on Linda Rd 900 ft

R on Carolyn Rd 900 ft

L on North St 3100 ft

L on Marcia Rd 1100 ft

R onto school access road, and across school yard to parking lot.

Total length 1.7 miles

